

GRAIN NUTRIENT LEVELS

SUBMITTED BY: LESLIE KING

Grains	% Protein	% Carbohydrates	% Fats
Corn	9.3	70.3	4.3
Canadian Peas	25.2	57.8	1.1
Maple Peas	21.9	58.2	0.9
Austrian Winter Peas	25.6	53.6	1.6
Soybeans	39.1	25.8	18.7
Barley	12.8	66.9	2.3
Buck Wheat	10.0	64.5	2.2
Kafir (white milo)	11.1	72.6	3.2
Milo	10.7	70.5	2.9
Hulled Oats	16.0	65.6	6.8
Peanuts	30.2	11.6	47.6
Rice (polished)	7.4	79.6	0.4
Wheat	12.3	71.1	1.8
Canary Seed	17.2	59.1	5.5
Flax	22.6	23.2	33.7
Hemp	10.0	45.0	21.0
Sunflower	16.1	46.2	24.7
Safflower	48.0	16.3	32.6